



2010 PLAYERS/CHEERLEADERS - AGE & WEIGHT CHART

Months	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL
AGE		YEAR BORN				AGE			YEAR BORN			
5		2004				5			2005			
6		2003				6			2004			
7		2002				7			2003			
8		2001				8			2002			
9		2000				9			2001			
10		1999				10			2000			
11		1998				11			1999			
12		1997				12			1998			
13		1996				13			1997			
14		1995				14			1996			

AGE AND WEIGHT PER DIVISION CHART

DIVISION	AGE PER DIVISION	MAX STRIPPED WEIGHT	MAX EQUIPMENT WEIGHT
<i>For both Players & Cheerleaders</i>	<i>For both Players & Cheerleaders</i>	<i>Weights do not apply to cheerleaders</i>	<i>Weights do not apply to cheerleaders</i>
Flag Division	5 - 6 - 7	100 lbs. MAX	100 lbs. MAX
Mitey Mites	7* - 8 - 9	104 lbs	109 lbs
Jr. Pee Wee	8 - 9 - 10	114 lbs	119 lbs
Pee Wee	9 - 10 - 11	129 lbs	134 lbs
Jr. Midget	10 - 11 - 12	144 lbs	150 lbs
Midget	11 - 12 - 13 - 14	169 lbs	175 lbs
All American	6th - 7th - 8th grade	150 lbs Minimum	Unlimited Maximum
<i>All-American ONLY - 9th graders only if age 14 as of July 31st and their high school does NOT offer football</i>			

NOTE: The seven (7) year old in the Mitey Mite division for football only must weigh a MINIMUM of 60 pounds to play in that division. It is in the discretion of the City/Association to permit a 7 year old in the Mitey Mite division.